

## Wisconsin Functional Screen Information System

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### Adult Long Term Care Functional Screen

**DATE:** September 2020

**TOPIC:** September 2020 Adult Functional Screen Quiz Rationales

**Purpose:** The quiz rationales serve to:

- Provide a user friendly tool for agency screen liaisons to help screeners improve their overall knowledge of screen instructions and procedures.
- Encourage discussion among screeners in order to arrive at the correct answers.
- Encourage screeners to think about the reason(s) for their selections and compare those with the rationale provided on the answer version of the quiz.
- Provide answers to all screeners based on real world questions that have come to the team.

Use only the information provided in the scenario to choose the best answer. Each question will have only one correct answer.

In this September quiz, screeners will find the answers specifically in the instructions.

As always, do not assume any medical conditions, diagnoses, support needs, or deficits are present for any person described in any question. For instance, do not assume any person described has an intellectual disability unless the information provided tells you that the person has that diagnosis.

**Objective:** This quiz highlights the following sections of the screen: ADLs, IADLs, Additional Supports, and HRS Table.

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1. What selection should be made for the Bathing ADL on Barbara's LTCFS?

A. 0: Person is **independent** in completing the activity safely.

B. 1: Help is needed to complete the task safely but **helper DOES NOT have to be physically present throughout the task.**

- Primary Diagnosis: **A1 Intellectual Disability**
- Secondary Diagnosis: **None**

C. 2: Help is needed to complete the task safely and **helper DOES need to be present throughout the task.**

- Primary Diagnosis: **A1 Intellectual Disability**
- Secondary Diagnosis: **None**

Rationale: The correct answer is B. Due to her intellectual disability, Barbara needs assistance with at least one but not all of the components of Bathing. She needs cues to initiate her shower and use shampoo to clean her hair, but does not require someone to be physically present throughout the task.

Reference: Module 5.6

2. What selection should be made for the Dressing ADL on Barbara's LTCFS?

A. 0: Person is independent in completing the activity safely.

B. 1: Help is needed to complete the task safely but **helper DOES NOT have to be physically present throughout the task.**

- Primary Diagnosis: **A1 Intellectual Disability**
- Secondary Diagnosis: **None**

C. 2: Help is needed to complete the task safely and **helper DOES need to be present throughout the task.**

- Primary Diagnosis: **A1 Intellectual Disability**
- Secondary Diagnosis: **None**

Rationale: The correct answer is A. Barbara is able to dress independently.

Reference: Module 5.7

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3. What selection should be made for the Toileting ADL on Barbara's LTCFS?

A. 0: Person is **independent** in completing the activity safely.

B. 1: Help is needed to complete the task safely but **helper DOES NOT have to be physically present throughout the task.**

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

C. 2: Help is needed to complete the task safely and **helper DOES need to be present throughout the task.**

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

Rationale: The correct answer is A. Barbara needs reminders to wash her hands, however, hand washing is not a component of Toileting. She is independent with all components of Toileting.

Reference: Module 5.10

4. What selection should be made for the Meal Preparation IADL on Barbara's LTCFS?

A. 0: Independent

B. 1: Needs help from another person weekly or less often

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

C. 2: Needs help 2 to 7 times a week

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

D. 3: Needs help with every meal

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

Rationale: The correct answer is B. Due to her intellectual disability, Barbara needs assistance with grocery shopping because she only selects food with no nutritional value.

Reference: Module 5.13

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5. What selection should be made for the Money Management IADL on Barbara's LTCFS?

A. 0: Independent

B. 1: Can only complete small transactions

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

C. 2: Needs help from another person with all transactions

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

Rationale: The correct answer is B. Due to Barbara's intellectual disability, she requires assistance with allocating or budgeting money, but she is independent with small transactions. Barbara has a basic understanding of a monetary transaction.

Reference: Module 5.15

6. What selection should be made for the Laundry and/or Chores IADL on Barbara's LTCFS?

A. 0: Independent

B. 1: Needs help from another person weekly or less often

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

C. 2: Needs help more than once a week

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

Rationale: The correct answer is B. Due to her intellectual disability, Barbara requires cueing with laundry and assistance with reordering her medications. A selection of a 2 is not appropriate for Barbara, as she independently cleans up after meals and takes care of all of her dishes.

Reference: 5.16

7. What selection should be made for Overnight Care and Overnight Supervision on Barbara's LTCFS?

A. 0: No

B. 1: Yes; caregiver can get at least 6 hours of uninterrupted sleep per night

- Primary diagnosis: **A1** Intellectual Disability
- Secondary diagnosis: None

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- C. 2: Yes; caregiver cannot get at least 6 hours of uninterrupted sleep per night
- Primary diagnosis: **A1** Intellectual Disability
  - Secondary diagnosis: None

Rationale: The correct answer is B. Barbara typically sleeps through the night; however, due to her intellectual disability she requires assistance in emergencies.

Reference: 6.3

8. What selection should be made on the HRS Table for Exercises/Range of Motion on Barbara's LTCFS?

- A. Leave row blank – not applicable
- B. Weekly
- C. 2-6 times/week
- D. 1-2 times/day

Rationale: The correct answer is A. Barbara engages in basic fitness exercise. Barbara is not receiving PT or OT and does not need to complete exercises as part of a prescribed home exercise plan or to restore or prevent loss of physical function.

Reference: Module 7.12

9. What selection should be made on the HRS Table for Medication Administration on Barbara's LTCFS?

- A. Person is Independent
- B. 1-3 times/month
- Primary Diagnosis: **A1** Intellectual Disability
  - Secondary Diagnosis: None
- C. Weekly
- Primary Diagnosis: **A1** Intellectual Disability
  - Secondary Diagnosis: None
- D. 1-2 times/day
- Primary Diagnosis: **A1** Intellectual Disability
  - Secondary Diagnosis: None

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E. 3-4 times/day

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

Rationale: The correct answer is D. Barbara needs assistance administering her medications twice daily. Due to her intellectual disability, she needs cueing to take her medications, including insulin, in the morning and at bedtime.

Reference: Module 7.14

10. What should the screener select on the HRS Table for Medication Management on Barbara's LTCFS?

A. Person is Independent

B. 1-3 times/month

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

C. Weekly

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

D. 1-2 times/day

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

E. 3-4 times/day

- Primary Diagnosis: **A1** Intellectual Disability
- Secondary Diagnosis: None

Rationale: The correct answer is D. Due to Barbara's intellectual disability, she needs assistance with medication set-up once a week and medication monitoring twice daily (blood glucose levels). Pre-filling of insulin syringes can typically be completed weekly since prefilled syringes can be stored in the refrigerator for a week. Medication Management also includes the need to collect medication-related data, as ordered by the prescriber, such as blood glucose level, and that the data collection is occurring. When more than one "Frequency of Help/Services Needed from Other Persons" (column) applies to one HRS task (row), select the frequency of the task completed most often.

Reference: Modules 7.5 and 7.15