





## **Dementia-Capable Wisconsin**

Challenging Behavioral Specialist Train-the-Trainer
6-hour Classroom Course

## <u>Syllabus</u>

This training includes the following topics listed below:

- Introduction for Approved Instructors
- Adult Learning Principles
  - Learning Styles, Consider Your Audience, Positive Messages
- Behavior = Communication\*
- Common Challenging Behaviors Related to Dementia\*
  - Cognitive Challenges\*
  - Environmental Challenges\*
  - o Assessing Common Needs
- Common Behaviors and Possible Causes\*
  - o Managing Challenging Behaviors Related to Dementia
  - o General Communication Techniques
  - Life Histories, Emotional Memory, Cultural Background
- Common Behaviors, Possible Causes and Person-Centered Approaches
  - Person-Centered Approaches to Challenging Situations\*
- Caring for Caregivers Compassion Fatigue
  - o Symptoms, Effects, Strategies for Prevention
- Additional Resources

## Also included are:

\*Interactive scenarios throughout the curriculum Train-the-Trainer Facilitator Guide Handouts
PowerPoint Presentation
Online Final Assessment
Course Evaluation
Certificate of Completion
CEU Application

For additional information, please contact <u>dementiacare@uwosh.edu</u> or visit the website at http://www.uwosh.edu/dementia