## **Abuse in Later Life Wheel**



Created by the National Clearinghouse on Abuse in Later Life (NCALL), a project of the Wisconsin Coalition Against Domestic Violence (WCADV)

307 S. Paterson St., Suite 1, Madison, WI 53703 608-255-0539 www.ncall.us/www.wcadv.org This diagram adapted from the Power and Control/Equality wheels developed by the Domestic Abuse Intervention Project, Duluth, MN Permission to Adapt 2006

### Abuse in Later Life Wheel Development

In early 1980, the Duluth Domestic Abuse Intervention Project asked women attending domestic violence educational groups to describe their experiences of being battered by their male partners. The Duluth Power and Control and Equity wheels were created using the most commonly repeated tactics. There are many additional abusive behaviors experienced by women that are not on the wheel due to the small space available.

In 1995, NCALL staff asked facilitators of older abused women's support groups to have participants review the Duluth wheel. These older women were asked if their experiences of abuse in later life were different or similar to younger victims/survivors. Participants from a handful of groups in Wisconsin, Minnesota and Illinois generously provided feedback. The older women's suggestions were used to create the Family Abuse in Later Life wheel by NCALL.

In 2005, NCALL took the Family Abuse in Later Life wheel back to older survivors, and asked them to review the wheel once again. Over 50 victims from eight states responded, many telling us that the wheel reflected the abuse in their lives, however, it did not adequately represent the ongoing psychological & emotional abuse they experienced throughout their relationships. The attached wheel illustrates this reality.

The outer rim of the wheel defines violence or the threat of violence that is evident in the relationship. The violence may be frequent or very limited, but fear and threats are present. The abuser uses threats to maintain power and control. Each of the pie pieces represent the different tactics abusers may use in a relationship. Abusers may not necessarily use all of the tactics or they may use one tactic more often. Any combination of tactics can be used to maintain power and control.

This wheel makes a distinction between emotional and psychological abuse. Emotional abuse is specific tactics, such as name-calling, put-downs, yelling and verbal attacks, used to demean the victim. Psychological abuse is the ongoing, manipulative, crazy making behavior that becomes an overriding factor/tactic in abusive relationships. Sometimes it can be very subtle, sometimes it is very intense and invasive.

The center represents the goal or the outcome of all of these behaviors...power and control.

## **Tactics Used by Abusers**

### PHYSICAL ABUSE

Slaps, hits, punches

Throws things

**Burns** 

Chokes

Breaks bones

Creates Hazards

Bumps and/or trips

Forces unwanted physical

activity

Pinches, pulls hair & twists limbs

Restrains

### **SEXUAL ABUSE**

Makes demeaning remarks about intimate body parts Is rough with intimate body parts during care giving Takes advantage of physical or mental illness to engage in sex Forces sex acts that make victim feel uncomfortable and/or against victim's wishes Forces victim to watch pornography on television and/or computer

### **PSYCHOLOGICAL ABUSE**

Withholds affection
Engages in crazy-making
behavior
Publicly humiliates or behaves in

a condescending manner

### **EMOTIONAL ABUSE**

Humiliates, demeans, ridicules Yells, insults, calls names Degrades, blames Uses silence or profanity

#### **THREATENING**

Threatens to leave and never see elder again

Threatens to divorce or not divorce

Threatens to commit suicide Threatens to institutionalize Abuses or kills pet or prized livestock

Destroys or takes property Displays or threatens with weapons

### TARGETING VULNERABILITIES

Takes or moves walker, wheelchair, glasses, dentures Takes advantage of confusion Makes victim miss medical appointments

## DENIES ACCESS TO SPIRITUAL TRADITIONS/EVENTS

Denies access to ceremonial traditions or church Ignores religious traditions Prevents from practicing traditional ceremonies/events

#### **NEGLECTING**

Denies or creates long waits for food, heat, care or medication Does not report medical problems

Understands but fails to follow medical, therapy or safety recommendations

Refuses to dress or dresses inappropriately

## **Tactics Used by Abusers (continued)**

### **USING FAMILY MEMBERS**

Magnifies disagreements
Misleads family members about
extent and nature of
illnesses/conditions

Excludes or denies access to family

Forces family to keep secrets
Threatens and denies access to
grandchildren

Leaves grandchildren with grandparent without honoring grandparents needs and wishes

# RIDICULES PERSONAL & CULTURAL VALUES

Ridicules personal/cultural values

Makes fun of a person's racial background, sexual preference or ethnic background

Entices or forces to lie, commit a crime or do other acts that go against the victim's value system

### **ISOLATION**

Controls what victim does, whom they see, and where they go Limits time with friends and family Denies access to phone or mail Fails to visit or make contact

### **USING PRIVILEGE**

Treats victim like a servant
Makes all major decisions
Ignores needs, wants, desires
Undervalues victim's life
experience
Takes advantage of communit

Takes advantage of community status, i.e. racial, sexual orientation, gender, economic

### FINANCIAL EXPLOITATION

Steals money, titles, or possessions

Takes over accounts and bills and spending without permission Abuses a power of attorney Tells elder money is needed to repay drug dealer to stay safe



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